

JOURDAIN DAEL ARTZ, MD, MS

Plastic and Reconstructive Surgeon

PROFESSIONAL SUMMARY

Board-eligible plastic surgeon with extensive experience in aesthetic and reconstructive surgery, research, and academic presentations. Comprehensive training in integrated plastic surgery and aesthetic fellowship with expertise in advanced surgical techniques, patient-centered care, and innovative research contributions.

EDUCATION & TRAINING

Fellowship

Prime Aesthetic Group & Changes Plastic Surgery & Spa – San Diego, CA
Aesthetic Fellowship | 08/2023 – 12/2023

Residency

Louisiana State University Health Sciences Center – New Orleans, LA
Integrated Plastic Surgery Residency | 07/2017 – 06/2023

Medical Education

University of Texas at Houston McGovern Medical School – Houston, TX
Doctor of Medicine | 05/2017

- Medical Humanities Scholarly Concentration

Graduate Education

University of North Texas Health Science Center – Fort Worth, TX
Master of Science in Biomedical Sciences | 05/2013

Undergraduate Education

University of San Diego – San Diego, CA
Bachelor of Business Administration in Marketing | 05/2012

- Minor in Biology and Chemistry
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PROFESSIONAL EXPERIENCE

Plastic Surgeon

Changes Plastic Surgery & Spa – San Diego, CA

08/2023 – Present

- Specializing in aesthetic plastic surgery with a focus on deep plane facelifts, rhinoplasty and facial aesthetics.
 - Expertise in advanced surgical techniques including VASER liposuction, breast augmentation, high definition body contouring, and skin tightening using InMode and Renuvion modalities.
 - Provide patient consultations, surgical planning, and post-operative care with a focus on optimal aesthetic outcomes.
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HONORS & AWARDS

- **LSUHSC Resident Research Grant** (09/2020)
 - **Gold Humanism Honor Society** (2016)
 - **Core Representative**, Master's Class of Biomedical Sciences, UNT Health Sciences Center (2012-2013)
 - **Circle of Excellence Award**, University of San Diego (2008-2012)
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CERTIFICATIONS

- **Advanced Cardiovascular Life Support (ACLS)** (2024)
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RESEARCH & PUBLICATIONS

Peer-Reviewed Journal Articles

1. Artz JD, Hauch AT, Francis CS, Chasan PE. *In Search of the Attractive Breast*. **Aesthetic Surgery Journal Open Forum**. Dec 2021.

2. Artz JD, Atamian EK, Mulloy C, et al. *Use of the Vertical Profunda Artery Perforator Flap to Capture the Dominant Perforator: A Cadaver Dissection and Imaging Study.* **J Reconstr Microsurg.** Aug 2021.
3. Hauch AT, Francis CS, Artz JD, Chasan PE. *Subpectoral Implant Repositioning With Partial Capsule Preservation: Treating Long-Term Complications of Subglandular Breast Augmentation.* **Aesthetic Surgery Journal Open Forum.** Jun 2021.
4. Zampell JC, St. Hilaire H, Artz J, Allen RJ Sr. *Profunda Artery Perforator Flaps for Breast Reconstruction.* **Breast Reconstruction: Modern and Promising Surgical Techniques.** Springer Publishing. 2019.
5. Artz J, Tessler O, Clark S, Patel S, Torabi R, Moses M. *Can It Be Safe and Beautiful? An Eleven-Year Retrospective Review of Mastopexy with Concurrent Breast Augmentation.* **PRS Global Open.** 2019; 07(06): e2272.
6. Artz J, Yoo D, Gilbert-Fernández JJ, Walvekar RR, Risher WH, Dupin C. *Transverse Cervical Artery Flap Repair of Benign Acquired Tracheoesophageal Fistula.* **J Reconstr Microsurg Open.** 2019; 04(01): e9-e13.

Book Chapters

- Zampell JC, St. Hilaire H, Artz J, Allen RJ Sr. *Profunda Artery Perforator Flaps for Breast Reconstruction.* **Springer Publishing, 2019.**

CONFERENCES & PRESENTATIONS

Podium & Poster Presentations

- **American Society of Reconstructive Microsurgery (ASRM) Annual Meeting (2020):** *Use of the Vertically Oriented Profunda Artery Perforator Flap.*
- **American Society of Plastic Surgeons (ASPS) Annual Meeting (2019):** *Single vs. Stacked Perforator Flaps: A Multivariable Analysis of Fat Necrosis in Autologous Breast Reconstruction.*
- **American Burn Association Annual Meeting (2016):** *A 10-Year Experience and Literature Review on the Use of Flaps in Acute Burn Management.*
- **Texas Society of Plastic Surgeons (TSPS) Conference (2015):** *Alternative Technique of DERMABOND® PRINEO® Skin Closure System in Body Contouring Procedures.*

Grand Rounds Lectures

- *Facelift and Facial Analysis* – LSU Plastic Surgery Grand Rounds (2023)
- *Lower Extremity Reconstruction* – LSU Plastic Surgery Grand Rounds (2022)
- *Non-Surgical Facial Rejuvenation* – LSU Plastic Surgery Grand Rounds (2020)
- *Fat Grafting and Brazilian Butt Lift Updates* – LSU Plastic Surgery Grand Rounds (2020)

- *Transgender Health and Surgical Management* – LSU Plastic Surgery Grand Rounds (2018)
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SKILLS & EXPERTISE

- ✓ **Aesthetic Plastic Surgery** – Facelift, rhinoplasty, breast augmentation, liposuction, body contouring
 - ✓ **Reconstructive Surgery** – Microsurgery, breast reconstruction, trauma surgery
 - ✓ **Minimally Invasive Techniques** – Fat grafting, skin tightening, non-surgical facial rejuvenation
 - ✓ **Research & Publications** – Clinical studies, academic writing, presentations
 - ✓ **Patient-Centered Care** – Consultation, treatment planning, post-operative management
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PROFESSIONAL AFFILIATIONS

- American Society of Plastic Surgeons (ASPS)
- American Society for Aesthetic Plastic Surgery (ASAPS)